

PLAYSAFE AND THE CEIP-
ADDICTOVIGILANCE OF PARIS
PRESENT THE SERIES



COVID &
CHEMSEX

N°2: Chemsexer's adoption of the new risk
reduction behaviours



Our advice is intended exclusively for asymptomatic users

OUR CHEMS ADVICE IN COVID PERIOD

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- **Avoid unnecessary travel:** build up a “small reserve” of useful equipment (kits to roll your straw, syringes, disinfectants, filters...). All the necessary equipment is available on <https://rdr-adistance.info> and is delivered to your home

- **Observe barrier gestures against Covid during consumption:**



> Wash your hands with soap or hydroalcoholic gel after each contact with a person, bank notes, products...

> Clean the preparation surfaces before and after use (90° alcohol, bleach...)



- **If you are confined alone,** reduce the doses. If you inject the product, give slow injections

- **If you are confined with other people :**



> Avoid consuming at the same time

> Prepare your own drugs. If you can't make the products yourself, ask your partner to wash his or her hands

> More than ever, don't share your equipment (straw, pipe, syringe, e-cigarette, joint...)



**CALL FOR URGENT HELP IMMEDIATELY
IN CASE OF EMERGENCY**

USA/Canada : 911 - Europe : 112 - UK: 999 - FR : 15

OUR SEX ADVICE IN COVID PERIOD

SEX

- **Respect confinement rules... and indulge yourself!**

> Try to stay connected via applications and postpone your dates

> Go for solo sex, sex toy, sex tape, webcam, porn movies...

> Consumption of products increases the craving for sex. Don't give in to dating. Use anti-craving techniques to control the deprivation (artistic activities, sports, virtual parties...)

- **If you've allowed yourself an excuse anyway:**

> Try to respect social distancing as much as possible... we trust your imagination (remote-controlled sex toys...)

> Otherwise, barrier gestures remain the rule: wash your hands before and after each sexual intercourse, avoid contact with saliva, protect yourself (condoms, dental dam, PrEP...) especially during anal and oral sex. Tools are available on <https://rdr-adistance.info> and are delivered to your home



WHATEVER THE SITUATION, NEVER INTERRUPT YOUR TREATMENTS ON YOUR OWN AND CONTINUE YOUR FOLLOW-UPS BY TELECONSULTATION

CHECK OUT N 3: CHEMSEXER'S PROJECTION INTO DECONFINEMENT



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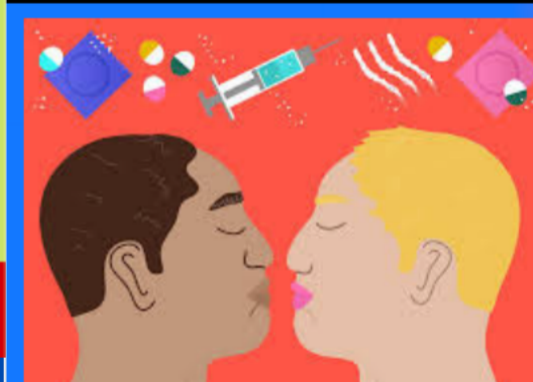
N°3: Chemsexer's projection into
deconfinement



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N°3
Chemsexer's projection into
deconfinement

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COVID & CHEMSEX

N°2: Chemsexer's adoption of the new risk
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N°2
Chemsexer's adoption
of the new risk
reduction behaviours

N°1
Chemsexer's adaptation
to confinement

TAKE CARE OF YOURSELF

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